

ABSTRACT

Jack is a large ever green tree grown in tropical and warm subtropical regions. The fruit is very large but has a thick, hard and prickly rind, and only small portion of the fruit is edible flesh. The aril surrounds each seed. Edible bulbs, contain water 73.1%, carbohydrate 23.4%, protein and fat 0.6% Seeds contain water 51.6% carbohydrate 38.4%, protein 6.6%, and fat 0.4%. Jack fruit mostly consumed fresh, but can be cooked, canned, dried or made into jam, jelly etc. Various products can be made from different parts of ripe and raw jack fruit. Jack fruit is also used as a staple food in periods of food scarcity. But, lossess of the jack fruits can be occured highly due to various reasons.

Presently there is a great demand for instant food in developed countries as well as in developing countries. So that instant jack bulb meal can be introduced to the market, for the consumers those who are interested in instant foods.